

10 things I must remember to take to the Eisteddfod and/or Concert

Backstage at a dance concert is chaotic. In all the confusion, many parents find themselves rushing home for forgotten items, trying to make it back in time for the performance. Stay relaxed by remembering to bring the following 10 items to the concert/eisteddfod.

1. **Extra Tights**
Bring an extra pair of tights in each colour you need for the concert/eisteddfod. Runs in tights are visible on stage.
2. **Bandages**
You'll be glad you have extra bandages when an unexpected blister (or two) appear at the last minute. Make sure you have the clear variety, as colour ones will be visible through light-coloured tights.
3. **Hangers**
Bring a hanger for every costume you have and hang them up as soon as you have a chance to avoid wrinkles. Oh, and don't forget to bring the costumes.
4. **Safety Pins**
Pack a small supply of safety pins in various sizes in case you need to do some last minute costume alterations or repairs.
5. **Baby Wipes**
Baby wipes are great for quick clean-ups or make-up fixes.
6. **Snacks**
Pack a few nutritious snacks for hungry dancers. Good choices include granola bars, grapes and small crackers.
7. **Pain Reliever**
Bring a pain reliever for your child (and one for you, too.) Unexpected muscle aches and headaches can spoil a special concert/eisteddfod.
8. **Clear Nail Polish**
Clear nail polish can save a run in tights from getting out of hand. Apply a small amount to the run or snag as soon as it appears. (Better yet, bring that extra pair of tights.)
9. **Make-Up**
You will want to retouch make-up immediately before going on stage. Be sure to use lipstick and blush in the colours suggested by the teacher.
10. **Camera**
Last but not least, don't forget the camera. Even if cameras are not allowed in the auditorium, you will want to capture those candid backstage moments.

Enjoy ☺